

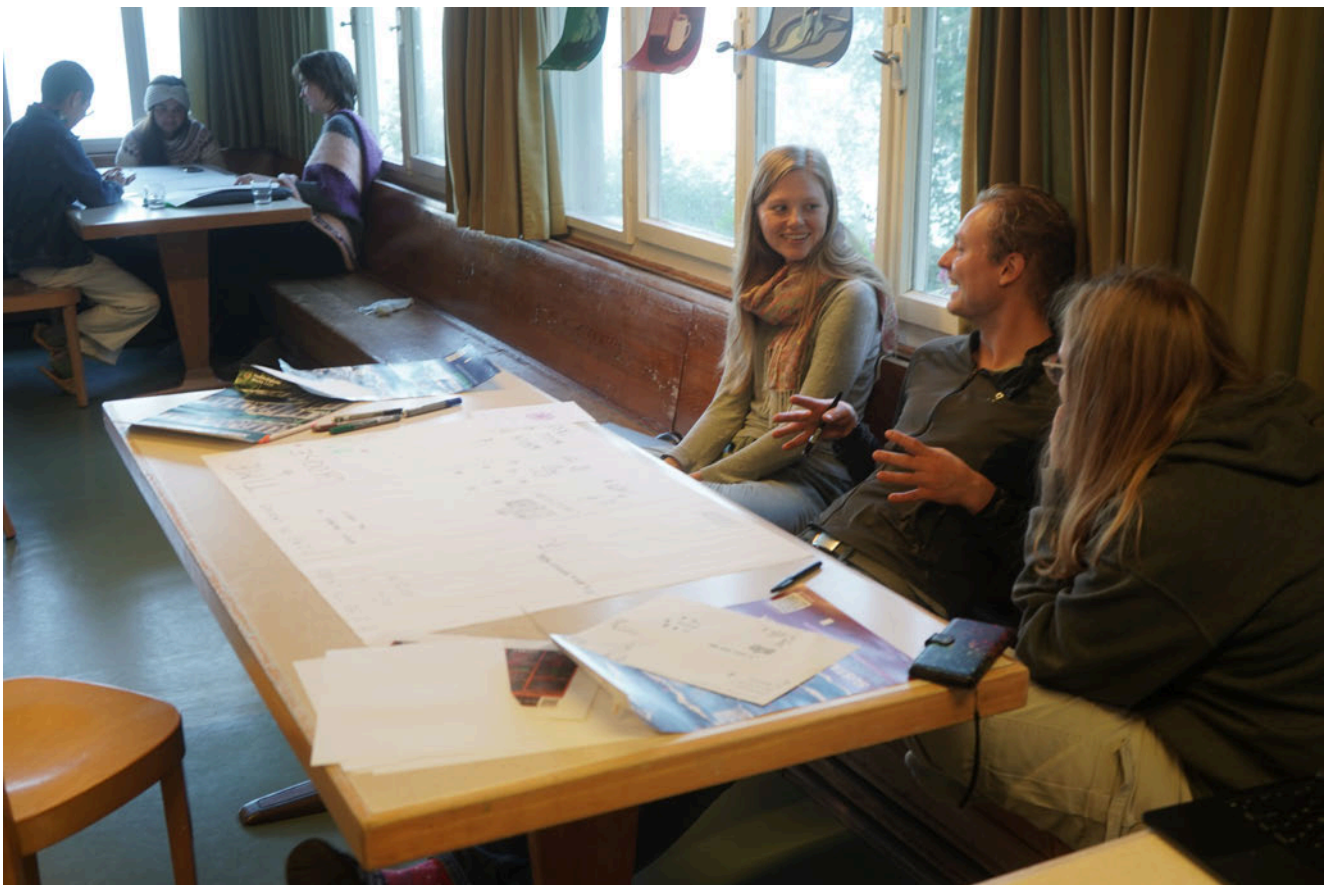
Newsletter of Sustainability Week Zurich NHWZ

From info@nhwz.ch <info@nhwz.ch>

To [REDACTED]

Date Wednesday, November 19th, 2025 at 13:06

Newsletter of Zurich's largest student sustainability association (Verein)



Welcome to the Inaugural Newsletter!

Hello there!

The picture you see above is from the poster-making competition at our Weekend Retreat near Greifensee. (Scroll below for more) The posters are for the 2026 Sustainability Week, and the session combined thinking together and having a lot of fun. This is one of the many moments we want to show you via our newsletter: our stories, work, feelings and thoughts on sustainability.

October has been a very eventful year at our association / Verein. We did our annual Sustainability **Weekend Retreat** and organised an **Upcycling Workshop**. Over the next weeks, we are looking forward to events like **The Garden Girls**, a fireside chat / gardening giveaway. We are also excited to launch our upcoming **"Person of the SWeek" interview series**, celebrating one person at a time from our lovely community. (Scroll below for details)

If you subscribed only recently, we are the Sustainability Week Zurich / Nachhaltigkeitswoche Zürich (NHWZ), an independent student Verein / association. We are made up of Zurich's five major public universities UZH, ETH, ZHAW, PHZH and ZHdK, which makes us unique.

Thank you for being part of the sustainability community and continuing your valuable engagement with us. We appreciate it, draw inspiration from it and look forward to even more in the future. But for now, we hope you enjoy reading the newsletter!

Best regards,

Ashoka Vardhan Manchala

Co-President & Lead Team Member

On behalf of the **Lead Team**

Sustainability Week Zurich

Nachhaltigkeitswoche Zürich (NHWZ)

Our Events & Updates



The Sustainability Weekend Retreat 2025: A Photo Essay

Have you checked out The SWeek Blog yet? Our first post is just out and is very fresh! This is a photo essay about our yearly tradition to decide on the theme for 2026, and do some sustainability sessions as well as fun activities. See how our poster making, sustainability theatre and brainstorming sessions went along with spikeball, rowing and some swing dance in this photo essay.

[READ THE PHOTO ESSAY](#)



Sashiko Upcycling Workshop: Previous Event

Yes, our main event is the Week full of events we do in spring. But we also have events year-round which are not always related to the Week. For example, recently, we did a Sashiko Upcycling workshop led by slow-fashion designer Sarah Weniger. This is a Japanese art form where upcycling is done through artistic patchwork. Check out more at our [previous events](#) on our website.

SEE PREVIOUS EVENTS

 **Nachhaltigkeits
Woche Zürich**

 **Sustainability
Week Zürich**

**28.11.25(Fr)
18:15-19:15**

ETH ML F40 (next to HG)

info@nhwz.ch,
Website: nhwz.ch

Register for free:



chk.me/ExGkOXR



THE GARDEN GIRLS

**Fireside Chat with Elena Lampp
History Department, UZH**
with Ashoka from NHWZ's Lead Team

Step into the time machine & stroll in 14th century gardens.
Why could some women not enter gardens back then?
How did girls do gardening anyway?

The Garden Girls: Upcoming Event

This event is a fireside chat with Elana Lampp from the Department of History at UZH. Here, we will talk about how people interacted with nature in the 14th century, why some women were forbidden from entering gardens and how they fought it. But this event also includes free giveaways for gardening for all attendees, including seeds, soil, pots and other material. Register [here](#) and check out more in our [Upcoming Events](#).

SEE UPCOMING EVENTS

[The Sustainability Week 2026 will happen from 13. to 17. April 2026. Learn more](#)



Sustainability, Students & Ideas

We are an independent student association (Verein) supporting discussions & raising awareness about sustainability in Zurich. We are made up of 5 major universities: UZH, ETH, PHZH, ZHAW and ZHdK. All our events are free & meant for students.

[More](#)

We have a Brand New Website!

Our new website is nhwz.ch, the acronym for Nachhaltigkeitswoche Zürich, our full formal name and an acronym we indeed use quite often. We are no more at nachhaltigkeitswoche.ch which now has a front page message pointing to the new website. However, we continue to own this older domain as it is a rich archive going back to 2013. Our new email is now info@nhwz.ch.

What is **new** in the website? It is fully up-to-date with upcoming events, previous events, a detailed About page with images, a clickable homepage calendar, current people in our Lead Team and all the ways to contact us and join our association. It also has a blog called "[The SWeek Blog](#)" which is now already up and running.

We also simplified our [Whatsapp community](#): Apart from announcements, we only have two groups now. One meant for event organisers for the Week in April and another group for those engaging with us outside of that Week.

[SEE OUR NEW WEBSITE](#)

Events of Our Partners



Films for Future Festival

This year, Films for Future takes place from 1 to 30 November 2025 at 10 different locations in Zurich. Films for Future expects around 10,000 visitors to attend over 100 events. The festival will show films that linger in the memory and address pressing issues of our time, while also offering hope. From the climate crisis and environmental protection to social justice and visions of the future. Since 2012, the Films for Future Festival has been bringing films, people and ideas together – for a sustainable and just future. Programme and tickets: films-for-future.org/festival (Tickets on sale from 15 October 2025).

CHECK OUT MORE



Climathon Zürich: Hackathon

The Hackathon is open & free for all, co-organised by the The Impact Hub Zurich and the City of Zurich. While this event is in German, English teams are also formed each year. Climathon is a worldwide movement of people who actively fight climate change. At the centre of the movement is a 32-hour climate hackathon. Here, real climate challenges are provided, which participants - students, professionals, scientists, policy makers and creative thinkers - will then address together in teams.

[CHECK OUT MORE](#)



ZHdK: Final Art Project Presentations

In 2025, ZHdK's Sustainability Dossier funded five interdisciplinary projects. The final presentations with lunch and discussion will take place on 10 December 2025, from 12:00 - 13:00 in the Kaskadenfoyer (ZT 5.K04) in Toni-Areal. This event is held in German. This includes art projects such as "Wallmapu ex situ: Revisited / Reworked / Repositioned" and "Climate Content Day". The lunch which follows provides a great networking opportunity. Please [register](#) until December 3.

CHECK OUT MORE

A Final Check-in

Are you a **student** who wants to engage with us? We would be very glad! Join our [Whatsapp community](#) and stay connected on our [instagram](#). You can find our past & upcoming events on our [website](#).

Are you a **partner Verein** / association who works on sustainability & want to publicise your own events? Please write to us at info@nhwz.ch and we would love to add your events to our newsletter.

Whether you are or not, we still wish you a lovely rest of the day/night/afternoon/evening! See you soon!



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