

### Sustainability Weekend Retreat Schedule 2025





- 7 17.10.25(Fr9) 19:00 19.10.25(Sun) 12:00
- Jugendherberge Fällanden, Maurstrasse 33, 8117 Fällanden (very close to Zürich HB)
- □ Contact: info@nhwz.ch

Colour code:

Informal events / Community

Food

Sustainability sessions

## FRIDAY

When	What
19:00	Informal get-to-know each other
20:00	Dinner
21:00	Charleston Dance (by Ting Tang), Board Games & Drinks

When	What
08:30	Breakfast
09:30	Introduction to Sustainability Week Zurich/ Nachhaltigkeitswoche Zürich
11:00	Icebreaker Game
11:30	Sustainability Event Organisation
13:00	Lunch
14:00	2026 Theme & Concept Brainstorming
15:30	Outdoor Games
18:00	Dinner
19:00	Night walk
20:00	Friendship Bracelets by Christiane (Tia) Mayer, Board Games & Drinks

# SUNDAY

When	What
08:30	Breakfast
09:30	Workshop
11:00	Wrapup

#### Notes

- You may drop in anytime and can stay for only part of the weekend as well.
- Spontaneously bringing along friends is allowed. However, they will have to be students and participate in the sessions. Please tell us once you know they are coming, so that we can prepare enough food.
- You may also come earlier on Friday 16:00 onwards to help us if you like.
- Bring along (optional): **Board games**, swimsuits, table-tennis racquet & balls, frisbee, roundnet or spikeball.
- The Sustainability Sessions are our main discussion sessions which also include brainstorming the theme for 2026. No preparation is needed for this and we would be very happy to know your ideas!
- If you are very interested in what we did so far, please refer to the <u>About</u>
   <u>Page</u> on our website for further details about previous years. It is however
   not required and we will cover it on Saturday.
- Sleeping bags are necessary in the hostel even though we have dormitories and beds. You can see why once you are there. If you do not have one yet, please reach out to us.
- For **overnight** stays, please bring along the usuals such as towels, shower gels, toothbrushes and change of clothes.
- **Food** will be prepared by the Lead Team members Javier and Lina. If you want to be part of any of the cooking session, you can join!
- Food is vegetarian / vegan, with vegan options always available.

Wishing you a great arrival and a lovely weekend with us,

#### **Lead Team**

Nachhaltigkeitswoche Zürich (NHWZ) / Sustainabiilty Week Zurich info@nhwz.ch | nhwz.ch

